

STEP 1: VALUES IDENTIFICATION

IDENTIFY THE TOP FIVE VALUES THAT YOU PERCEIVE AS MOST IMPORTANT TO YOUR FAMILY. THIS CAN BE A VALUE YOU ARE EXHIBITING WELL OR DESIRE TO INCREASE.

LOVE

KNOWLEDGE

FAMILY

CALMNESS

ADVENTURE

NATURE

FREEDOM

HUMOR

WEALTH

ADMIRATION

STABILITY

PEACE

SUCCESS

DEVOTION

RELAXATION

CREATIVITY

FAITH

DISCIPLESHIP

SAFETY

RESPECT

IN ORDER OF IMPORTANCE, FILL IN YOUR IDENTIFIED VALUES. DESCRIBE BRIEFLY WHAT IT MEANS TO LIVE OUT THESE VALUES IN ACTION. PROVIDE EXAMPLES, IF HELPFUL. REFLECT ON YOUR EFFECTIVENESS AT EXHIBITING THESE VALUES. RATE YOURSELF ON A SCALE OF 1-10, 10 BEING THE MOST EFFECTIVE.

1. _____

2. _____

3. _____

4. _____

5. _____



STEP 2: CREATE VALUE-BASED GOALS

CHOOSE 2 OF YOUR IDENTIFIED VALUES TO FOCUS ON WITH YOUR FAMILY OVER THE NEXT COUPLE MONTHS. IDENTIFY GOALS FOR THESE VALUES THAT YOU DESIRE TO BE A PRIORITY. USE THE S-M-A-R-T GOALS TOOL TO CREATE ACTIONABLE STEPS TO PUT INTO ACTION TOGETHER. GOALS SHOULD NOT LEAD TOWARDS PERFECTIONISM! WE ARE LOOKING FOR SUSTAINABLE GROWTH.

S: SPECIFIC
M: MEASURABLE
A: ATTAINABLE
R: RELEVANT
T: TIMELY

S
M
A
R
T

S
M
A
R
T



Our Family Goals

For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. Ephesians 2:8-10

Summarize your goals

include action items

our vision for our family
