



# BAYLEIGH GRIFFITH

*Mental Health Counselor*



**NOW  
ACCEPTING  
CLIENTS IN  
PERSON IN  
GREENSBORO  
AND  
VIRTUALLY.**

**SPECIALIZING  
IN TRAUMA  
AND  
ADDICTION.**

- MA, LCMHCA
- Accepting Self Pay and Sliding Scale Clients.
- Afternoon and Evening Sessions Available.

 [dwellministrync](https://www.instagram.com/dwellministrync)

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**Contact Us:**



Dwell Ministry  
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Clinical Therapist, Educator.  
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# ABOUT ME

Bayleigh has a heart for those who have experienced great pain in their lives and who long for rest and healing. As a counselor, she seeks to meet people where they are and walk alongside them as they bravely seek help along the way.

Bayleigh knows how difficult it can be to ask for help in the midst of deep pain, and she loves to see clients experience healing and find joy. Whether it's perfectionism or painful memories or just a struggle to make life feel joyful and worthwhile once again, Bayleigh can help you understand your story, experience and manage emotions, learn new skills, and set goals to achieve desired change. Her goal is to help you understand past pain and present suffering so that you can become who God has created you to be - with a true and hopeful understanding of yourself and others.

Bayleigh believes God has enabled us to understand the brain and has given us psychology as a gift to steward well, and she also keeps in mind that it is Jesus who ultimately heals our pain and comforts our souls. She believes strongly that when we understand our stories - the joy and the sorrow - we are better able to see ourselves and our world not through the lens of trauma but through a lens of hope.

Bayleigh holds a Master's Degree in Christian Counseling from Gordon Conwell Theological Seminary. She utilizes modalities such as Internal Family Systems and Person Centered Therapy, tailoring her approach to fit each client right now. She specializes in providing individual therapy to adults and has experience treating trauma, addiction, anxiety, depression, adjustment, and stressful life transitions.

**CONTACT NOW**  
BAYLEIGH@DWELLMINISTRY.ORG

<https://dwellministry.org/>